

# Proper nutrition is crucial for a successful recovery after surgery.

Your surgeon recommends the **ENROUTE® 4-week nutrition program**, which provides science-backed support for surgical recovery.



**Maintains  
Muscle Mass**



**Supports  
Bone Health**



**Enhances  
Immune Function**



**Promotes  
Wound Healing**

## Designed for Orthopaedic Surgery

Most store-bought protein drinks lack key ingredients in sufficient amounts to support muscle recovery.

**ENROUTE® nutrition is created by experts to help support a rapid recovery.**

Available only through your surgeon

Access to dietitians

Plant-based options available

"I was pleasantly surprised by the great taste. Unlike other supplements I have tried, these drinks were genuinely enjoyable. I noticed a significant boost in my energy levels."

**Shirley F.**



"This is the best protein supplement I've had. I prefer it to other shakes since it has much less sugar with all of the good effects."

**Elaine M.**

**ENROUTE®**

Complete Surgical Nutrition Program

Call **1-800-619-0783** or visit **www.getenroute.com** to order today.

# Own Your Recovery

Surgery can be stressful, but getting the right nutrition doesn't need to be.

**We've got you covered for a smooth recovery.**

Take control

Feel confident

Stay energized

"I've experienced a noticeable boost in energy and my recovery time is much quicker than my previous surgeries where I didn't take the drinks."

Pat H.

## Your surgeon recommended program includes



**ENROUTE® BUILD**  
56 servings of  
Multi-Nutrient Formula



**ENROUTE® PREPARE**  
2 servings of Complex  
Carbohydrate Formula



**SHAKER BOTTLE**  
Patented Blending  
Technology



**DEDICATED  
PATIENT SUPPORT**  
Access to Dietitians



## Get the ENROUTE® Program Today

✓ Delivered to your door

✓ HSA/FSA eligible

✓ Easy returns



### Order via Phone

Access nutrition experts and dietitians to answer your questions.

**1-800-619-0783**



### Order Online

1. Visit [www.getenroute.com](http://www.getenroute.com) and click **SHOP**.
2. Find your surgeon to access the program.
3. Select your protein source and flavor.
4. Get the ENROUTE® program delivered.

